



LIMPOPO

PROVINCIAL GOVERNMENT
REPUBLIC OF SOUTH AFRICA

DEPARTMENT OF
PUBLIC WORKS, ROADS & INFRASTRUCTURE

Re a Soma



Official Departmental Quarterly Newsletter

October—December 2023—3rd Quarter Edition

Financial Tips for the festive season

**New machinery
purchased to
assist with
roads
infrastructure**

**Forging
partnership to
assist with
backlog of roads
infrastructure**



KNOW THE SIGNS HEAT EXHAUSTION

- Headaches
- Nausea and vomiting
- Fatigue, weakness and restlessness
- Thirsty
- Anxiety
- Poor coordination
- Weak, rapid pulse
- Sweating heavily
- Raised body temperature

WHAT TO DO

- Lie down in shade or air-conditioning
- Drink plenty of water
- Keep cool with a cold compress, shower or bath



TABLE OF CONTENTS

PAGE	HEADLINE
4.	New Machinery for road infrastructure
5.	Anticipated 17 bridge construction rollout in rural Limpopo
6.	A vision to become Centre of Skills Development SANRAL stabilizes the falling bridge
7.	MOA to promote and facilitate intergovernmental Relations in roads infrastructure
8.	Improvement of business knowledge Road infrastructure key to the economic growth
9.	EPWP creation of employment
10.	Upgrading Transport centres into modern architectural structure with advance technology
11.	Improving road network through public and Private sector partnership MEC commits to deliver quality road in Makuya-Masisi
12.	16 Days of Activism against abuse
13.	Knowledge Management & Waterberg News Update
14.	Wellness Corner
15.	Financial Tips
16.	Departmental First Aider
17.	NEWSREC tournament 2023

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VISION

A leader in the provision and management of provincial Land, Buildings and Roads Infrastructure.

MISSION

Optimal utilization of resource in the provision and management of sustainable social and economic infrastructure including implementation and coordination of Expanded Public Works Programme.

VALUES

The Limpopo Department of Public Works, Roads & Infrastructure prides itself on the following core values:

Accountability

Every officials will be held responsible for own action and ensuring single point accountability,

Integrity

All officials will be truthful and honest in execution of duties in their area of competence.

Professional Ethics

All officials will perform diligently with necessary proficiency in the execution of duties in their area of skills backed by acceptable moral code.

Excellence in Service Delivery⁴

All officials shall dedicate their energy and time strive to deliver as a joint and cooperate amongst themselves for service excellence,

Transparency

The Department will always uphold Batho Pele Principles and deliver accordingly.

Answerability

The Department will collectively take liability for poor service delivery.

THE FESTIVE
SEASON IS
UPON US:





WISHING YOU ALL A
SAFE CHRISTMAS AND
A HAPPY NEW YEAR
SEE YOU IN 2024



NEW MACHINERY TO IMPROVE UNPAVED ROAD INFRASTRUCTURE IN LIMPOPO



maintained road means improving the quality of life of our people as they participate in economic activities," emphasised MEC Rakgoale.

The MEC gave a stern warning against driving government vehicles recklessly and that they are maintained regularly saying "this is our government and therefore deserves better in how its assets are looked after. I am going to keep a hawk's eye on this aspect of

monitoring without a doubt. There has to be accountability," warned MEC Rakgoale. She also cautioned staff members to safeguard the machinery and plant equipments against theft by implementing security features and advanced technological solutions that will enhance working operations at site. She emphasised that they should implement proactive and reactive maintenance to avoid the machinery costing the department extra funds unnecessarily, and for district directors to ensure that the machinery are deployed to sites not parked at cost centres.

MEC Rakgoale checking features of the grader

"...we are here to say to our people, we care and have heard their cries for help..." said Mme Nkakareng Rakgoale, MEC for the Limpopo Department of Public Works, Roads and Infrastructure.

Khomotjo Serumula

In the effort to continue in providing driveable unpaved roads in the province, the department has procured 25 new graders and 1 excavator to assist the 128 aging machinery and plant equipment at sites blading gravel roads. These machinery and plant equipment are important tools in the maintenance of gravel roads. Limpopo has about 14000m² of unpaved roads, the reality is that those unpaved gravel roads do provide and serve as access roads that connects communities to basic services and/or are used for transportation of goods and services in such communities. These roads do provide the access to economic areas such as farms, mines, tourism and shopping complexes. To enable various transport activities to

flow smoothly while driving the economy in the province.

MEC Nkakareng Rakgoale was joined by Acting HOD and the senior management, Road Agency Limpopo and district roads project managers during the unveiling of these machinery at Capricorn District. The department spent R100 million to procure these much needed equipment and 17 light vehicles to ensure that the department deliver on its mandate for provision and maintenance of gravel road networks. The department has appointed 26 driver operators and nine additional heavy machinery operators who joined

the team at 36 cost centres. This will ensure the department is able to deliver services to the road users in Limpopo "it demonstrate that we are a department at work" explained MEC Rakgoale.

"These equipment are important instruments in the hands of government to improve the lives of our people. Well

Mr Basil Baloyi, Mopani District Director on Capricorn FM said "this machinery will help push issues of service delivery and really create an impact in terms of blading roads in most of the villages. They will be utilised fully as we have been waiting for these machinery to ensure the communities receive the promised services in terms of maintenance of gravel roads."

Ms Ngoborwana Kgobe, Waterberg District Director on Capricorn FM said "this machinery will help us provide service delivery. We do have the driver operators to sent to training. We really want to hit the ground running moreover in areas in the district where there have been having continous blading. We will definitely make sure that that these machinery help us in that regard."

ROADS AGENCY LIMPOPO (RAL) ON BEHALF OF LDPWR

The agency has been able to implement 18 re-graveling projects; constructing 139 road projects at the value of R4,5 billion and over 90 projects at various design stages.

ANTICIPATED 17 BRIDGE CONSTRUCTION ROLLOUT IN RURAL LIMPOPO



Source: <https://www.constructionsafety.co.za/2023/03/30/the-welisizwe-rural-bridges-programme-is-aimed-at-providing-safe-access-in-rural-kwazulu-natal/>

because of lack of bridge infrastructure in the country's rural areas will soon be a thing of the past," said Minister of Public Works and Infrastructure Sihle Zikalala during the launch of the Welisizwe Rural Bridge Programme in October at the Eastern Cape Province. The theme of this programme is **"turning all parts of our country into a construction site and creating jobs"**. Minister Zikalala has allocated R3,3 billion for construction of 134 bridges across the country over the three year period, with Limpopo being one of the beneficiaries with 17 bridges.

These bridges aims to connect the communities and guarantee their safety as they are built with the technical support of the SANDF.

Through this labour intensive programme, about 40 work/job opportunities will be created for the construction of each bridge through the Expanded Public Works Programme (EPWP) with the beneficiary receiving the skills such as welding, ground work and soil retention from the SANDF Engineering Formation team and artisans.

Khomotjo Serumula

With summer, come the rainy season that leave most bridges washed away, schools interrupted and economic activities halted with majority of people unable to access basic services. This is a reality to most communities in the province as they experience being cut-off from their neighbouring communities with limited or no access to health services. This will soon to be a thing of a past for 17

communities in Limpopo.

The National Department of Public Works and Infrastructure has partnered with the Limpopo Department of Public Works, Roads and Infrastructure (LDPWRI), Roads Agency Limpopo (RAL) and South African National Defence Force (SANDF) to construct a single-lane pedestrian steel bridge to assist communities that are affected to allow for movement of communities during rainy seasons.

"The sight of school children crossing overflowing and dangerous rivers

No.	DISTRICT	LOCAL MUNICIPALITY	NAME OF BRIDGE
1	Capricon	Senwabarana	Manaka
2	Capricon	Lepelle-nkumpi	Ga Moshosho
3	Mopani	Greater Tzaneen	Pharare/Solani
4	Sekhukhune	Elias Motswaledi	Mothlapitsi
5	Sekhukhune	Ephraim Mogale	Lekabje
6	Sekhukhune	Ephraim Mogale	Mogaladi
7	Sekhukhune	Ephraim Mogale	Mahlotsi Bailey Bridge
8	Vhembe	Thulamela	Duvhuledza Gap 1

NO.	DISTRICT	LOCAL MUNICIPALITY	NAME OF THE BRIDGE
9	Vhembe	Collins Chabane	Road 3639
10	Vhembe	Collins Chabane	Road 3665
11	Vhembe	Makhado	Ka Bungeni
12	Vhembe	Thulamela	Gap 6-Tswinga
13	Waterberg	Mogalakwena	Road 3397
14	Waterberg	Mogalakwena	Road 3540 Good Hope
15	Waterberg	Mogalakwena	Gap 10 Road 3577 Freezburg
16	Waterberg	Mogalakwena	Road D3515 Lesodi
17	Waterberg	Mogalakwena	Gap 9 - Road 3561

A VISION TO BECOME CENTRE OF SKILLS DEVELOPMENT



the conditions in which they operate. Majority of the staff at the workshops and cost centres exited the system through normal attrition such as retirement and death which resulted on limited staff. Even in light of these adversities, Phukuntsi encouraged all staff members to work towards achieving a common goal which is realising the vision of the Department and further providing adequate support to other departments as the recruitment processes unfold. The Acting HOD used the visit to district offices to look into mechanical workshops. These workshops are operated spaces used by the Department to maintain government vehicles used by the department. Currently most of these facilities have few officials with limited resources, who are focusing on minor maintenance .

cost centres and mechanical workshops, link these young men and women with our facilities, this can bring hope to the youth and we can also offer them practicals and learnership opportunities so they can be able to graduate."Phukuntsi commented.

The Acting HOD concluded his visit to districts by urging staff members to prioritise building maintenance as occupants are paying rates and taxes to avoid delapidation of departmental assets.

Re a Sama

Acting Head of Department, Daddy Phukuntsi

William Ramollo, Sophy Shai and Khomotjo Serumula

Acting HOD Daddy Phukuntsi visited the Capricorn, Sekhukhune and Waterberg district offices to engage with staff at coal face level and also check

Phukuntsi explored the Department, more so those working at district level to develop strategies that seeks to revitalise the workshops and make them centres of skills transfers, not just minor repair shops. "There are TVET students who are studying on fields of engineering and artisanship near our

SANRAL STABILIZES THE FALLING BRIDGE

Happy Lekgothoane and Sophy Shai

Limpopo MEC for Public Works, Roads and Infrastructure Mme. Nkakareng Rakgoale, conducted a site visit on road R574 to check the state of a damaged bridge at Tafelkop village in Elias Motsoaledi Municipality. MEC Rakgoale was joined by the Sekhukhune District Executive Mayor Minah Bahula, the Elias Motsoaledi Mayor David Tladi and Kgoshi Rammupudu II during monitoring of the bridge.

The bridge was recently affected by rain that occurred which resulted in serious slope on the road. The Project Manager from SANRAL Engineer, Mr Kobus Van Der Merwe said that they conducted an assessment for the bridge and appointed a contractor who established site during September 2023.

According to Mr Van Der Merwe they are currently monitoring the road and they ordered materials to start stabilising the bridge to ensure safety of road users. The Elias Motsoaloadi Local Municipal Mayor. Cllr David Tladi also said that the municipality is currently busy with a temporary bypass to ease traffic flow on the bridge and smooth movement of vehicles. "SANRAL has planned to upgrade the bridge to a new concrete



The status of bridge at Tafelkop Village when MEC Rakgoale visited in November 2023

bridge in the next two years through the tendering processes, said Mr Van Der Merwe. Despite the ailing condition of the bridge, the appointed engineer indicated that the road is safe for usage. Cllr Tladi committed to continue with monitoring of the project regularly.

MOA TO PROMOTE AND FACILITATE INTERGOVERNMENTAL RELATIONS IN ROADS INFRASTRUCTURE

....Intensify departmental efforts in the provision of roads infrastructure....



MEC Nkakareng Rakgoale, MEC Seaparo Sekoati and Deputy Minister Parks Tau flanked by RAL executive management, executive and local mayors during the signing of MOA at the Ranch Hotel outside Polokwane.

Khomotjo Serumula

MEC Nkakareng Rakgoale led the signing of Memorandum of Agreement (MOA) at the Ranch Hotel with ten (10) municipalities in Polokwane. In attendance was the Deputy Minister of CoGTA Mr Parks Tau, MEC for Provincial Treasury Mr Seaparo Sekoati, executive mayors and local mayors to ensure that all spheres of government assist and support each other for one common interest of rehabilitation and maintenance of internal municipal streets and roads.

This ceremony brought the number of municipalities to twenty-two (22) who signed with Roads Agency Limpopo to get assistance in the design, planning and construction of

municipal roads. "Our people have been complaining about the ailing roads infrastructure, particularly in some local municipalities and this intervention comes in handy to address the service delivery challenges," explained MEC Rakgoale.

The signing of the MOA brings the realization of the district development model, that is according to the Deputy Minister of CoGTA, Mr Parks Tau, as spheres of government come together to mobilize resources in order to eradicate the road infrastructure backlog.

The signing is part of RAL's strategic partnership approach to assist struggling municipalities with construction, engineering skills and expertise while the department brings the capacity and financial resources in terms of roads infrastructure. This includes but not limited to

patching of potholes amongst the road infrastructure activities.

"No economy can thrive without the developed road infrastructure network and no economy can develop unless its roads and transport sectors takes part in facilitating the movement of people, goods and services," said MEC Rakgoale.

This project is estimated to cost R240 million rand by end of 2023/2024 financial year. This is the indication that the department remains committed to ensure that there is an improved service delivery in the maintenance of infrastructure. These agreement also reflects the Limpopo provincial government's commitment to enhance service delivery through strengthening intergovernmental relations.

10 municipalities that signed recently are:

Blouberg
Greater Giyani
Greater Letaba
Greater Tzaneen
Lepelle-Nkumpi
Lephalale
Makhuduthamaga
Maruleng
Molemole
Thulamela

12 municipalities that signed before are:

Ba-Phalaborwa
Belabela
Collins Chabane
Elias Motsoaledi
Ephraim Mogale
Fetakgomo-
Tubatse
Makhado
Modimolle-
Mookgophong
Mogalakwena
Musina
Polokwane
Thabazimbi

The department is extending work in the Modimolle-Mookgophong and Ba-Phalaborwa local municipalities.

This is part of the **District Developed Model** which was initiated by President Cyril Ramaphosa in the 2019 State of the Nation Address cautioning government spheres from working in silos as that brings challenges that lead to "lack of coherence in planning and implementation" as this has made "monitoring and oversight of government's programme difficult." The President was calling for a roll out of "a new integrated district based approach to addressing service delivery challenges and localised procurement that promote and support local businesses and involves communities." President Ramaphosa is cognisant of the fact that such an approach will require that "national departments that have district-level capacity together with the provinces provide implementation plans in line with priorities identified in the SONA." **source: <https://cogta.gov.za/ddm/index.php/author/admin>**



EPWP officials together with Vuk'uphile Contractor Development Programme participants during the training held at Greater Tzaneen Local Municipality.

IMPROVEMENT OF BUSINESS KNOWLEDGE

Happy Lekgothoane

The Limpopo Department of Public Works, Roads and Infrastructure in partnership with National Department of Public Works and Infrastructure, International Labour Organisation and Construction Industry Development Board (CIDB) held a training workshop for contractors in Tzaneen Local Municipality, Mopani District.

The purpose of the training was to capacitate contractors to improve their businesses, marketing, understanding of the customer care, costing and records keeping. Contractors were enrolled through the CIDB database which includes the Limpopo Contractor Development Programme (LCDP) participants and contractors under the Vuk'uphile contractor development programme. The training course on "Improve Your Business (IYB)" as a Business

programme training for owners and managers of small enterprises who want to sustain their businesses. The programme has 6 modules including Costing Principles for Labour Intensive Construction Methods. This training programme was facilitated by EPWP Enterprise Development in partnership with International Labour Organization (ILO) and CIDB. The trainees were awarded with certificates after completion of the five days training workshop.

ROAD INFRASTRUCTURE KEY TO THE ECONOMIC GROWTH



MEC Nkakareng Rakgoale during the service delivery and monitoring programme at Mopani



The Limpopo MEC for Public Works Roads and Infrastructure Mme Nkakareng Rakgoale says the department remains committed and determined to make the province's roads infrastructure drivable. MEC Rakgoale has today embarked on a service delivery monitoring programme in the Maruleng and Greater Tzaneen local municipalities, within

the Mopani District. The department's entity, Roads Agency Limpopo currently has 139 projects that are in construction phase at the value of R4.5 billion. In addition, RAL has over ninety projects that are currently in different stages of designs. The MEC's service delivery monitoring drive is aimed at checking progress that is being made by RAL and the department's Roads Infrastructure Unit in making the province's road network drivable. This is also part of the

ongoing Operation Thiba Mekoti Ditseleng, where the department managed to patch 624 480 square metres of potholes in the province since the operation was launched in August 2022. The MEC started the day's programme in monitoring the D21 road between Gafani-Ofcalaco road in Sekororo and later checked progress on the D3880 Road (Lenyenye to Mosoroni). She was joined by councillors of the two local municipalities and the Mopani District Municipality.

EPWP CREATION OF EMPLOYMENT: FOCUSING ON LABOUR INTENSIVE CONSTRUCTION METHODS WORKSHOP



Acting Head of Department, Daddy Phukuntsi addressing the delegates at the EPWP event held in Polokwane

THE EXPANDED PUBLIC WORKS PROGRAMME (EPWP) INTENDS TO INCREASE AND CREATE WORK OPPORTUNITIES IN THE INFRASTRUCTURE SECTOR TO CURB THE UNEMPLOYMENT RATE OF 49.9% IN LIMPOPO PROVINCE.

Director General for EPWP Ms Phethani Muvhali emphasised how relevant EPWP is, in terms of the number of opportunities created in each component programme of EPWP. According to Statistics of 2022/2023 related to Infrastructure sector; that is the National Youth Service (NYS) with 8 289 work opportunities, 31 586 in provincial infrastructure (Non-roads), provincial roads 89 463 and rural roads programme. 33 817 work opportunities.

Johannes Mangena

The Department of Public Works, Roads and Infrastructure together with the International Labour Organisation had a one day workshop with the intention to align procurement documents to EPWP principles, this is after realizing that the cause of non-realization of work opportunity targets in the EPWP Infrastructure Sector has been the non-alignment of documents to EPWP principles.

The workshop was expected to give technical managers, committees, municipal managers as well as government officials an improved appreciation of why EPWP is still relevant in the South African context, the EPWP Interventions in the project cycle, labour intensive design principles and also EPWP alignment of consultancy and construction procurement documents.

Acting Head of Department Mr Daddy Phukuntsi on behalf of MEC Nkakareng Rakgoale; highlighted that EPWP has recognised that alignment of planning, design and procurement documents to employment creation prescripts and requirements had a bearing on the jobs

which are created on each project site. It was also recognised that enforcement of EPWP provisions after the alignment of procurement documents was crucial in optimising job creation in the programme. He urged all Technical and Municipal managers and government officials to put measures in place to ensure that programme and project cycles of the EPWP Infrastructure conforms at all stages to the requirement of the EPWP.

Acting HOD said that "jobs begets other jobs. When we align procurement documents we should not only think of direct jobs created on our sites, but also indirect and induced jobs created by other small and medium emerging actors involved along the construction value chain. He further said that "We should also be forward looking to ensure that we unlock business and job opportunities for our people with particular focus on youths, women and people with disabilities.

Speaking on behalf of Deputy



Ms Phethani Muvhali from the National Department of Public Works and Infrastructure

UPGRADING TRANSPORT CENTRES INTO MODERN ARCHITECTURAL STRUCTURE WITH ADVANCED TECHNOLOGY

Johannes Mangena

The Tshilamba Traffic Center constructed by the Department of Public Works, Roads and Infrastructure is currently being revitalised into a modern architectural structure with a lot of improvements that suits the current South African level of technology with sophisticated electrical system and manual-electric water pumps system. This is one of the department's projects by Project Manager Mr. Prince Swuhana, he provides orientation of the project during an interview with the Mishumo. The ongoing upgrading of the traffic center was initially a Defence Force Battalion, which according to Mr. Swuhana will be demolished and with the ongoing project one Block is already finished and furnished with Block 2 and 3 at final completion stage. These Blocks are for 113 students who will be studying and training to be Traffic Officers. It consists of single and double rooms with facilities that accommodate persons with disabilities and laundry area that will have two washing machines each.

The Project Manager highlighted that the building is designed in a way that access is controlled with advanced security system that will keep the students safe. The overall project includes the upgrading of water pump and electrical system to have maximum capacity of providing sufficient service and a lecture hall. The inside of this lecture hall as he describes will have assembled electrified chairs that will allow students to connect electronic gadgets on the ports. The hall is also designed for multiple usage which means it can be used for other events as it can be divided into two facilities. Furthermore, it will have audio visual system that will stimulate audible communication, he describes this as "moving with the new technology".

This article is published in awareness of the Transport Month, which this year focused on the theme **"Siyakha—we are building a better Transport Infrastructure to grow South Africa together."**

The department of Public Works, Roads and Infrastructure is also constructing the K53 testing centres in Seshego and Thohoyandou respectively. The Department of Public Works, Roads and Infrastructure is proud to be an implementing Agent for this project which supports the work done by the department of transport.



The three block student accommodation at Limpopo Traffic Centre



The departmental inhouse team working at the Sibasa k53 Centre



Aerial pictures of the Tshilamba Traffic Centre project



Mr. Prince Swuhana
Project Manager for the Limpopo Traffic Centre



Aerial pictures of the Limpopo Traffic Centre project



Stairway features inside the Limpopo Traffic Centre student accommodation



IMPROVING ROAD NETWORK THROUGH PUBLIC AND PRIVATE SECTOR PARTNERSHIP

MEC Nkakareng Rakgoale with RAL Management and PMC representatives during the SOD Turning of roads under Mopani Municipality.

Boelang, Maseke and Mashishimale. MEC Rakgoale says that these projects will surely be able to make an impact in the communities for the benefit of the province. The total length of 40 kilometers jointly funded by the department's agency and PMC will improve road network in the Province, she further appreciated cooperation between PMC and RAL. During the ceremony MEC was joined by Ba-Phalaborwa Municipality Mayor Cllr Mariam Malatjie, Speaker Oliver Mabunda, Chief Whip Didodo Rapatsa and all Royal Leaders who will be affected by this important development, including the Acting HOD for the Department, Daddy Phukuntsi and RAL CEO Gabriel Maluleke.

Johannes Mangena

Public-private partnership between Roads Agency Limpopo (RAL) of the Department of Public Works, Roads and Infrastructure and Palabora Mining Company (PMC) is set to bring road infrastructure development within the Baphalaborwa local municipality. This partnership has since changed the livelihoods of people and improved roads infrastructure that need to be upgraded and rehabilitated, as a strategy to kick start and support development in social and economic service delivery programmes in line

with the ideal of delivering a better life for all. Public-Private partnership is a government initiated strategy which seeks the support of the private sector in service delivery and creation of sustainable projects which brings about change in the lives of the people, a move the Department of Public Works, Roads Infrastructure MEC Nkakareng Rakgoale applauded during sod-turning ceremony on 31 October 2023 for the upgrading of D4424 road from the Lulekani Post Office to Matikoxikaya and the rehabilitation of D3786 Maseke -Mashishimale road which connects the R40 and R71 through the villages of

MEC COMMITS TO DELIVER QUALITY ROAD IN MAKUYA-MASISI

Johannes Mangena

MEC Nkakareng Rakgoale who has been making efforts to monitor progress of infrastructure projects across Limpopo Province was accompanied by Roads Agency Limpopo on 23 November 2023, to engage with the steering committee members at Makuya Traditional Council to address issues that hampered progress of the project on road P277/1. MEC Rakgoale reassured the committee that the project will soon be completed as RAL is ready with a contractor to complete the road. MEC Nkakareng Rakgoale urged members of the steering committee to

report any kind of work being done that is not according to specification and emphasised that contractors also need to be held accountable if found to be unfit to complete the required quality of work. The completion of road P277/1 will bring economic development through tourism leading to access to Phafuri Game Reserve and Kruger National Park.

Re a Soma



Road P277/1 Makuya to Masisi

#STOPGBVF

16 DAYS OF ACTIVISM FOR NO VIOLENCE AGAINST WOMEN AND CHILDREN

William Ramollo.

The United Nations campaign for no violence against women and children which is held annually from 25 November (International Day for No Violence Against Women) to 10 December (International Human Rights Day). Other key commemorative days observed annually during this 16-day period include World Aids Day on 1 December and the International Day for Persons with Disabilities on 3 December.

This year marks the 25th anniversary since South Africa initiated the 16 Days of Activism for No Violence against Women and Children campaign. The 16 Days campaign focuses on raising awareness to the devastating impact that gender-based violence and femicide (GBVF) has on women and children, and the social fabric of the society.

The sub-theme for this year is: **“Safe access for women to clean water: a basic human right”**. The theme speaks to the importance of ensuring an all-society and multi-faceted approach to fight GBVF. The sub-theme seeks to address barriers women face in safely accessing water and sanitation in South Africa.

For communities

Be an activist against GBV in your homes, communities, work and positions:

Challenge cultures and practices that perpetuate gender inequalities and consequent abuse of women and children at personal and societal level.

Play your part: Reject and report abusers- Act and don't look away!

Do not protect abusers, report them! Sign the Pledge Against Gender-Based Violence. Do not engage in abusive activities and become an abuser- Stop abuse. Challenge and denounce cultural practices that perpetuate gender inequalities

Be sensitive and supportive to GBV victims - share helpful information and support causes near you.

Seek personal help to change harmful behaviours such as alcohol and substance abuse

Teach children values of gender equality, protect children from exposure to

violence and harmful content on internet and social media, including pornography, sexual solicitation

Develop policies that prevent and deal with gender based violence in your sector, workplace and communities.

Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.

This gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury. The response has been overwhelming with thousands of awareness activities in the globe.

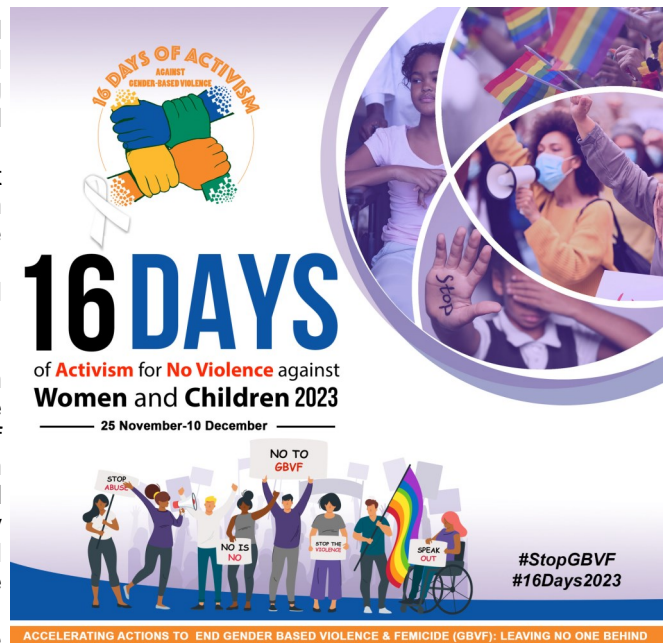
According to the World Health Organisation (WHO), South Africa has the third-highest suicide rate of all African Countries. The part of the solution towards improving mental health care for men is improving their access to services.

The cost of private mental health care services in South Africa is a barrier and that specialist and medication are also out of the reach of most South Africans to make mental health services more accessible. This indicate that the Department of Health or Social Development should develop a programme or curriculum in order to target the places where boys go during June and December. This can help young men to understand that there is space for talking about these things.

“Dear men, It is okay to ask for help

- You don't need to 'man up'
- Suffering in silence does not make you a "man"
- Talking to a doctor is not "complaining"
- Sharing your problems reduces the burden
- It is okay to cry. Crying is natural
- You deserve rest
- Admitting you are struggling does not make you weak
- It is Okay to ask for help

Parents know where your children are at all times. Together, let us take actions to



support the 16 Days of Activism for No Violence Against Women and Children

SAFETY TIPS FOR CHILDREN

Tell your parents about things that makes you feel scared ,uncomfortable

Do not share nude pictures of yourself in any form whatsoever—someone will always use them to torment, blackmail or bully you oneday.

Never tell strangers your name(s) or where you live. Those online “friends” could be anyone in disguise.

Avoid walking or playing alone in public places—you might be kidnapped or killed.

Know how to contact parents, SAPS or another close relatives in case of emergency

Be aware of your surrounding at all times, if it feels weird remove yourself immediately.

Drugs and alcohol are so UNCOOL—enjoy being a child by being responsible. Friends who encourage you to do drugs or take alcohol are not good friends BLOCK, DELETE and UNFRIEND them immediately.



WHAT IS KNOWLEDGE MANAGEMENT (KM) AND HOW IMPORTANT IS IT!!

- Accumulating knowledge
 - Storing knowledge and
 - Sharing knowledge
- To achieve the objectives of knowledge management as espoused by the above three areas, KM should be embedded in our organisational routines, processes, technology, structure, and culture. KM enables the creation, distribution, and exploitation of knowledge to create and retain greater value from core business competencies. Knowledge Management is the critical element of a business strategy that will allow the organization to accelerate the rate at which it handles new challenges and opportunities, and it does so by leveraging its most precious of resources, collective know-how, talent, and experience.

Knowledge Management is crucial for every organisation. Capturing, storing and sharing knowledge and experience increases the workforce's overall knowledge, improves efficiency and protects intellectual capital in the possession of the organisation. The goal of Knowledge Management System is to provide managers with the ability to locate and organise the relevant information and expertise required to address specific business task and projects, leading to greater productivity and longevity.

This summarises what Knowledge Management is and how important it is, this will lead us to our next article on how knowledge can be of importance to our department.

Read our next edition as we unpack the importance of Knowledge Management in the department.

*This is a three (3) part series on Knowledge Management

Pat Kgomo

“ Knowledge Management is the collection of methods relating to creating, sharing, utilising and managing the knowledge of an organisation.” It is a fluid mix of framed experience, values, contextual information, expert insight, and intuition that provides an environment and framework for evaluating and incorporating new experiences and information. The three main areas of knowledge management are:

NEWS UPDATE



In Waterberg District by Lethabo Tladi INTERNATIONAL DAY FOR ERADICATION OF POVERTY

The event was held at Vaalwater (Modimolle-Mookgophong municipality). The event is held annually by Department of Social development in collaboration with all the departments. Mookgophong Mayor Sechele Sebolai addressed the community. It is a built up activity which includes Community profiling, Interventions of profiled households. On the day the identified households were provided with the garden tools, school shoes and food parcels.

WELLNESS DAY

Health and Wellness hosted wellness day at Mokopane (unit D). The target group was Mokopane Roads, Mokopane Building, Tolwe, Marke, Roedtan and Bakenberg. The aim of the event was to give employees chance to learn about the way to live a healthy lifestyle. On the day Folang Trust was invited to give employees advices and also to check chronic deceases like high blood pressure and sugar diabetes. The event had dietician, dentist, audiologist and psychologist.

GBVF & SUBSTANCE CAMPAIGN

The Department of Public Works, Roads and Infrastructure , in the Waterberg district office, participated in the GBVF and substance abuse campaign held at Kranskop Engen Garage N1 North. The aim of the campaign was to target travellers from South to North (Taking information to the people). The campaign was a success as the department engage with stall visitors.



WELLNESS CORNER

5 WAYS TO TAKE CARE OF YOURSELF THIS FESTIVE SEASON



EAT WELL

Make sure to eat a variety of nutritious foods that provide your body with the necessary vitamins and minerals.

GET REGULAR EXERCISE

Just 30 minutes of walking every day can help boost your mood and improve your health.



GET ENOUGH SLEEP

Aim for 7-9 hours of quality sleep each night. A good night's sleep is essential for your body's recovery and mental health.

MANAGE STRESS

Implement stress management techniques such as meditation, deep breathing exercises, yoga, or journaling.



SET AND PURSUE GOALS

Have goals and aspirations that give your life purpose and direction. Achieving small milestones can boost your self-esteem and sense of accomplishment.

ENJOY LIFE

Remember, self-care is essential for maintaining your physical and mental well-being, and it's important to prioritize taking care of yourself in your daily routine.

HOW TO DO A BREAST SELF EXAM



1 Look at your breasts in the mirror, your shoulders straight and arms on your hips. Look for distortions, puckering of skin, sore or inverted nipple.

2 Raise your arms and look for the same changes

3 Look for any signs of fluid coming out of the nipples. While lying down, use your right hand to feel your left breast and then vice versa. Use a circular motion, firm touch and feel for any lumps

4 Finally, feel your breasts while you are standing or sitting. Cover your entire breast, using the same hand movements described in step 3

Breast self-exam is a convenient, inexpensive tool that you can use on a regular basis and at any age. It is recommended that all women routinely perform breast self-exams as part of their overall breast cancer screening strategy

DID YOU KNOW

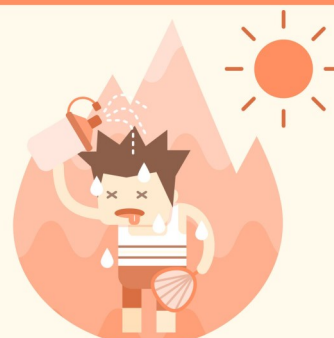
THESE INTERESTING FACTS ABOUT SIGNS FOR STROKE?



Recognizing this signs is important for quick action. The acronym FAST is an easy way to remember them:

- F Face Drooping** check if one side of the face is drooping or feel numb. smile & see if the smile look uneven
- A Arm Weakness** see if one arm is weak or numb. raise both arms and note if one arm drifts downwards
- S Speech Difficulty** trouble speaking or difficulty finding the right words or even speaking clearly
- T Time** call and seek help at the first side of stroke

HEAT STROKE



WHO AT RISK



SIGN & SYMPTOM



PREVENTION



FINANCIAL TIPS



HOW YOU END THE YEAR IN SOME WAY SETS THE TONE FOR HOW YOU WANT TO START THE NEW ONE

Johannes Mangena

Year end is usually a good time to reflect on achievements, short-falls and importantly finances. This is one important aspect to look into when approaching festive season, when one makes decisions about

spending during this time, it should always be informed by several questions we've asked ourselves, occasions like schools reopening, and financial commitments like bonds and car instalments; among others that we still need to honor in January.

Remember that during this time everyone want to see themselves having a good time and this involves spending money, however having a good time should not be about reckless spending and borrowing money for unnecessary reasons especially from the loan sharks. This means that one

"December is unique month as compared to the rest. It stimulate high mood and excitements, triggers and tickle the nerves of happiness and its okay, however it also has its way of influencing the spending. Don't forget that January is in few days and it comes with lots of costs, therefore spend smartly and wisely," said **Mr NN Mathako the Director in Management Accounting.**

needs to be financially responsible to avoid financial distress leading to factors that affects mental health. In order to fit in to the culture of "ke December" one needs to check out this financial tips from <https://www.thesouthafrican.com/lifestyle-spending-save-money-december-ke-december>.

1. PAY YOUR BILLS FIRST

There is a substantial number of people who get paid earlier in December than they would the rest of the year. Bills are still due at the end of the month, so this often gives people a good few days of enjoying their salary before having to pay bills. However, you don't want to spend too much early and not have enough for your bills. To avoid this, pay your bills as soon as you get paid. It is also important to note that your next salary is only likely to be at the end of January so you have to keep money aside for the next month as well.

2. PLAN YOUR DECEMBER SPENDING

The best way to get ahead of your spending, especially in December, is to budget. Once your bills are paid you are closer to being financially free for the month. Next you need to budget how much you are going to be spending on your necessities for the month and keep that money aside. Afterwards you should put money aside for shopping if you intend on gifting yourself or others something special for Christmas. You also need to budget for social spending if you enjoy going out with friends and family.

3. RE-EVALUATE YOUR DECEMBER SOCIAL SPENDING

Social spending is not a necessity, so turning down plans with friends to save money is totally okay. You could decide how much you want to spend on your social life for the month and split that over the entire four weeks.

4. SHARE YOUR SPENDING WHERE POSSIBLE

There are many ways to share costs with those around you to save money. If you're online shopping, order with friends to split the delivery cost. When you buy one and get one free or three for two specials, divide the cost by the number of products and share with friends.

5. PUT MONEY AWAY

Making sure you have enough money in your savings is essential. As mentioned above, your December salary most often needs to last until the end of January. So put a little extra money aside to cover some of the costs you may incur in January.

Five red flags to avoid being 'bitten' by a loan shark according to <https://www.hippo.co.za/blog/money/don't-let-those-loan.sharks-get-you> so you can be ready for some shark-spotting. If you find yourself in any of the following situations, run a mile!

- 1.The lender asks for your passport, ID document or bank card for security. (This is illegal.)
- 2.The lender pressures you to borrow before an offer expires, so you make a rushed decision.
- 3.The lender offers to keep the loan quiet and off the record. That's against the law: all legal lenders must be registered with

the National Credit Regular (NCR). If your loan is not registered, you might be breaking the law yourself.

4.The lender does not ask you for documents such as bank statements to do a credit score check and doesn't check if you can afford to repay the loan.

The lender's marketing claims that even black-listed applicants can get a loan, or that you don't need a credit check from the credit bureau. (Again, this is illegal.)

BE WISE AND EXERCISE THIS TIPS AND CAUTIONS TO AVOID STRESS

DEPARTMENTAL FIRST AIDER



playing for the departmental ladies soccer as a goalkeeper during the NEWSREC tournament at Mpumalanga. The injury was too severe that Ms Nkuna was no longer able to participate inside the sporting field however on the edge – on call – 24 hourly for all emergency sports injuries. The first to arrive and attend to the excruciating pain sustained by the players. Nkuna’s love, dedication, selfless and passion to helping others is extended to working area in Capricorn District even home moreover even for the opposition during the tournaments. “It pains me to see anyone in pain, when someone is in any trouble, I find satisfaction in helping them. Any form of help I am able to offer, it can be lending a hand or even speaking” explained Ms Nkuna.

The departmental team has been participating in the NEWSREC tournament since its conception in 2014, which meant travelling to various provinces in order to participate. “When attending sporting tournaments, I prefer travelling with the team in bus and being accommodated at the same place with them so I can attend to their emergencies” elaborated Ms Nkuna. According to Nkuna, she find satisfaction in giving the teams, mostly soccer players muscle relaxing massage at the venue so they are ready for the games the following day as they are mostly prone to get major injuries compared to other sporting codes. Her role she fulfil to all sporting code players evenly “I get satisfaction after attending to the players, and they continue to play. That give me great satisfaction even fulfilment” emphasised Nkuna. This enthusiasm as first aider saw Ms Nkuna being given the responsibility to head the national first aid team when the department was hosting in 2022 Limpopo NEWSREC tournament, Ms Nkuna was able to save the

department over R400 000 which was required by the Department of Health for dispatching the health emergency services to the sporting ground.

Nkuna took a role of the national doctor and used the assistance of the opposing team members to assist with first aid services to attend to injuries during the games. After ensuring that first aid is given i.e. blood is stopped if there is bleeding and/or support structures provided for the sprint, Nkuna with the help of Employee Health and Wellness officials use their discretion to refer to hospital for further treatment. “I ensure that if I take the injured to the hospital, I wait until they are admitted so I know the ward they will be in for visitations the next day,” said Nkuna.

To make her work easy Ms Nkuna require the department to secure her transportation between the sporting grounds so she reach all players where her services are needed and also to procure the portable first aid kits as they carry all the necessary tools to attend the players quicker with ease. Ms Nkuna is ready to help



groom any interested young person who share her passion “hey, I am not getting any younger but the person must have the passion to help.”

Ms Elsie Kedibone Nkuna

Khomotjo Serumula

Mishumo had the privilege to sit down with Ms Elsie Kedibone Nkuna, the Team Doctor as affectionally known to the team Public Works, Roads and Infrastructure during sporting tournaments. Her love for sports and helping others has seen Ms Nkuna working tirelessly wholeheartedly behind the scene ensuring the departmental sporting team is ready to compete at the national and provincial competitions. Being a fulltime first aider behind the sporting team for Ms Nkuna started after she sustained a leg injury while

SPORTS

NEWSREC TOURNAMENT 2023



Departmental Veteran Team celebrating award winning moment during NEWSREC Award Ceremony at Kimberley, Eastern Cape

The tournament falls under the National Departments of Public Works and Infrastructure and Transport and Safety with an aim to encourage healthy lifestyle, good mental health and social interaction for the Employees. The 2023 tournament marks the 19th year celebration since its inception.

The tournament took place on the 04-07 October 2023 and finalized with award giving trophy ceremony at Kimberley Town Hall were Limpopo Department Public Works, Roads and Infrastructure were celebrated to have achieved several awards in various sporting codes (see table below):

Acting HOD Daddy Phukuntsi congratulated the departmental sports teams for the achievements

and discipline displayed during the sports tournament. The teams indeed showed commitment, dedication and good sportsman team spirit.

It was announced the 2024 NEWSREC tournament will be held in Mpumalanga Province.

Happy Lekgothoane and William Ramollo

The Limpopo Department of Public Works, Roads & Infrastructure participated at the Annual National Employees Wellness Recreation Sports Tournament (NEWSREC) which was held in Kimberley, Northern Cape Province.

Gold (1st Place)

Netball Open
Soccer Veteran
Tshimangadzo Luvhimbi (10km Veteran Men)

Silver (2nd Place)

Ladies Soccer
Netball Veteran
Kholofelo Phadu (10km Open Race Men)
David Nkuna (10km Veteran Men)
Linda Makhuvele (5km Fun Walk Veteran)

Bronze (3rd Place)

Open Soccer
Thelma Sadiki (10km Open Race Women)



LIMPOPO
PROVINCIAL GOVERNMENT
REPUBLIC OF SOUTH AFRICA

DEPARTMENT OF
PUBLIC WORKS, ROADS & INFRASTRUCTURE

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